



RUM IN THE GRAVY BOAT



TOUR PACK



'Inspiring theatrical
accomplishment'
BROADWAY BABY



ABOUT THE SHOW

Following a first tour in 2017 and a successful run at the Brighton Fringe in 2018, Fluid Motion Theatre Company continues touring *Rum in the Gravy Boat* to small to mid-scale theatres. Available for Autumn 2019.

You're ten years old, dad's left and mum's an alcoholic. You find salvation in performing. You can do a wicked Greased Lightening.

Playful and energetic yet moving and raw, *Rum in the Gravy Boat* is a story about sexual awakenings, plastic microphones, an alcoholic mother and alopecia. Based on the actor's own life and developed through Fluid Motion's unique autobiographical style, this is a personal account into how theatre can make sense of the past.



Broadway Baby

"Leigh's performance is captivating"

Newbury Weekly News



Box Five Review

"First Class"

British Theatre Guide

Supporters



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**ARTS COUNCIL
ENGLAND**



TECHNICAL AND PRACTICAL INFORMATION

Minimum requirements from venues

- Minimum of 6 metres by 6 metres of performance space
- Minimum stage height of 3 metres
- One member of technical staff to help with set up

Performance duration

- 1 hour without an interval
- Fluid Motion can perform for one or two nights, or one night with a matinee the following day
- Each performance can be followed or preceded by a show-talk or a participation programme

Get-in & Get-out

- 4pm start for a 7.30/8.00pm performance
- Pre-rig required
- Lighting plan can be adapted to suit each venue
- Technical specification is available as a separate document
- 1 hour get-out required



Feedback on previous tour

- *"Fluid Motion's approach to the relationship between a child and parent with alcoholism is strong, moving and brave. Our audience really appreciated the honesty of the show and it really captivated them, with lots staying afterwards for a post-show chat and a chance to talk more about the subjects raised."*
- **Sophie Fullerlove - Director, The Spring Arts and Heritage Centre**
- *"Rum in the Gravy Boat deals with a heavy topic, but the play has humour, hope and a lightness of touch that leaves you feeling positive and uplifted as well as informed and entertained. I spoke to both teenagers and adults afterwards and all agreed that it was thoroughly enjoyable and very important."*
- **Mark Tattersall - Artistic Director, Dorchester Arts**

ABOUT FLUID MOTION THEATRE COMPANY

Fluid Motion is a mental health theatre company based in Basingstoke. We create performances on a wide range of mental health themes as well as delivering education and community work.

We make theatre that puts human experience front and centre. Using our distinctive autobiographical style our performances are playful, energetic and thought provoking. Our aim is to create theatre that gets people talking about mental health.

Fluid Motion's productions are devised by the company and collaborators, where possible work with other new and emerging artists who are creating work around mental health themes.

Directors of the company and performers, Ali Gill and Leigh Johnstone, have personal or first-hand experiences of mental health problems. We believe that this makes us special, *Rum in the Gravy Boat* is Leigh's response to a childhood growing up with a parent addicted to alcohol.

Fluid Motion are associate artists of Anvil Arts and are supported by multiple partner organisations including Hampshire County Council, Basingstoke Theatre Trust, New Theatre Royal, Portsmouth and Nuffield Southampton Theatres.



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PRODUCTION IMAGES



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Participation and Audience Development Schemes



Fluid Motion Theatre Company is passionate about developing new audiences for its productions and venues to further help raise awareness around mental health. We work in partnership with venues together with their local authorities to deliver community theatre projects that reach out to local people.

We like to make a point of developing quality relationships with our participants, helping the venues to increase their appeal locally and attract return visitors for a wide range of theatre activities. In the past, we have delivered:

Residencies with statutory organisations, education establishments, or adult groups, culminating with a curtain-raiser performance at the venue.

Outreach workshops providing high quality theatre making skills to students at secondary school, college and university. These workshops cover performance skills, including autobiographical theatre making using topics from the show as stimulus.

CPD training sessions on autobiographical theatre making or theatre for wellbeing. These training sessions can be tailored to professional theatre makers, teachers or to students.

For examples of some of these projects please visit:

www.fluidmotiontheatre.com